

Variable	Mean	SD	Min	Max
Age	37.5	12.5	18	65
Gender	0.5	0.5	0	1
Marital status	0.5	0.5	0	1
Education	12.5	2.5	9	16
Income	1.5	1.5	0.5	3.5
Occupation	1.5	1.5	0.5	3.5
Religion	1.5	1.5	0.5	3.5
Health status	1.5	1.5	0.5	3.5
Smoking status	0.5	0.5	0	1
Alcohol consumption	0.5	0.5	0	1
Exercise frequency	1.5	1.5	0.5	3.5
Stress level	1.5	1.5	0.5	3.5
Sleep quality	1.5	1.5	0.5	3.5
Appetite	1.5	1.5	0.5	3.5
Weight change	1.5	1.5	0.5	3.5
Blood pressure	1.5	1.5	0.5	3.5
Cholesterol level	1.5	1.5	0.5	3.5
Glucose level	1.5	1.5	0.5	3.5
Hemoglobin level	1.5	1.5	0.5	3.5
White blood cell count	1.5	1.5	0.5	3.5
Platelet count	1.5	1.5	0.5	3.5
Liver enzymes	1.5	1.5	0.5	3.5
Kidney function	1.5	1.5	0.5	3.5
Heart rate	1.5	1.5	0.5	3.5
Blood oxygen saturation	1.5	1.5	0.5	3.5
Respiratory rate	1.5	1.5	0.5	3.5
Temperature	1.5	1.5	0.5	3.5
Heart rate variability	1.5	1.5	0.5	3.5
Heart rate recovery	1.5	1.5	0.5	3.5
Heart rate reserve	1.5	1.5	0.5	3.5
Heart rate variability index	1.5	1.5	0.5	3.5
Heart rate recovery index	1.5	1.5	0.5	3.5
Heart rate reserve index	1.5	1.5	0.5	3.5
Heart rate variability index score	1.5	1.5	0.5	3.5
Heart rate recovery index score	1.5	1.5	0.5	3.5
Heart rate reserve index score	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero, no trailing zeros)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero, no trailing zeros)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero, no trailing zeros)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero, no trailing zeros, no scientific notation)	1.5	1.5	0.5	3.5
Heart rate recovery index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero, no trailing zeros, no scientific notation)	1.5	1.5	0.5	3.5
Heart rate reserve index score (normalized, z-score, mean = 0, SD = 1, range = -3 to 3, rounded to 2 decimal places, displayed as string, with leading zero, no trailing zeros, no scientific notation)	1.5	1.5	0.5	3.5
Heart rate variability index score (normalized, z-score, mean = 0, SD = 1, range = -				

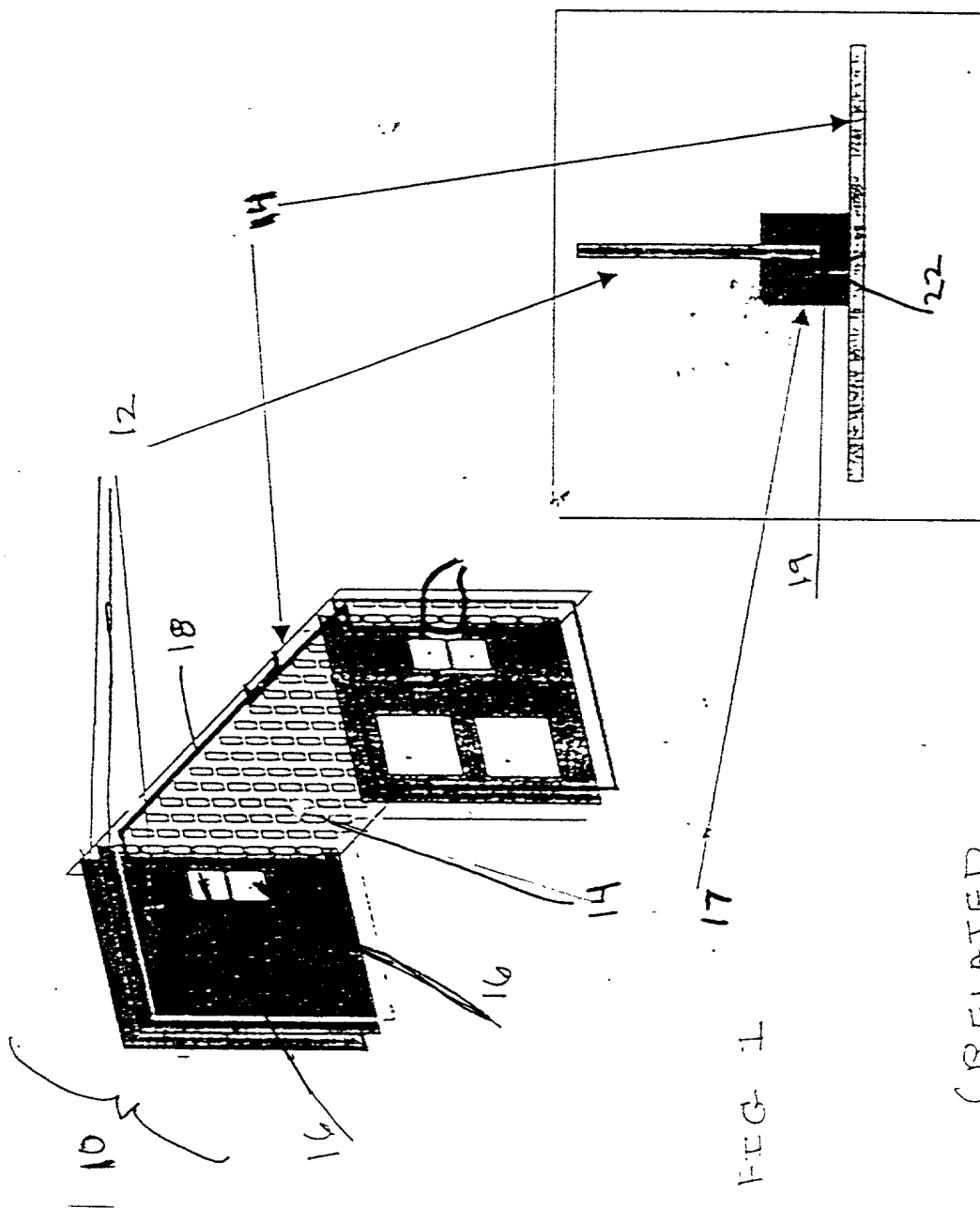


FIG 1A

(RELATED)

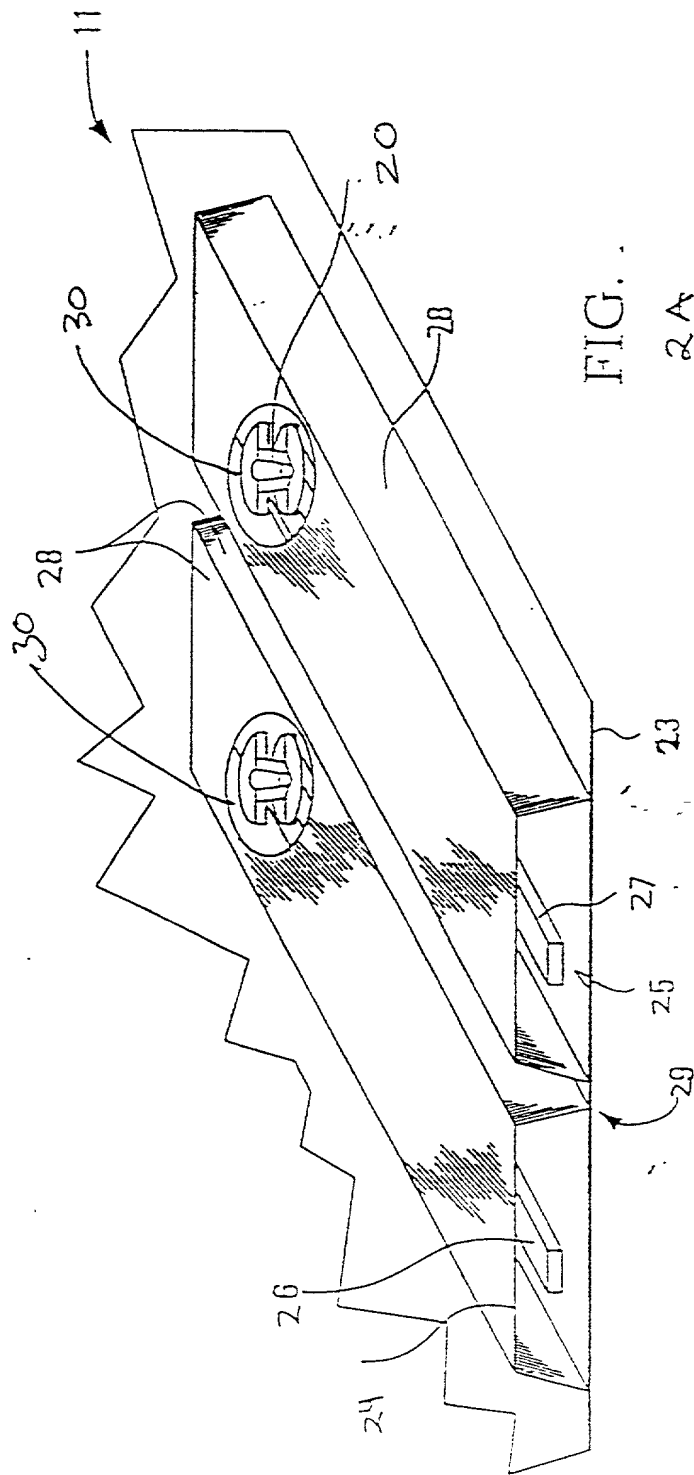


FIG.

2A

(RELATED
ART)

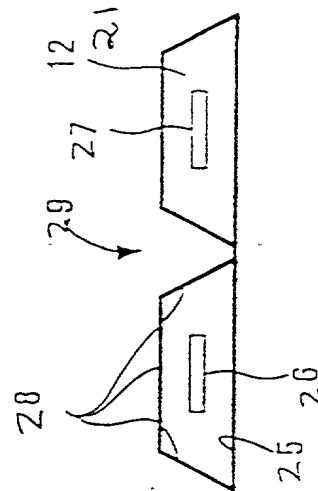
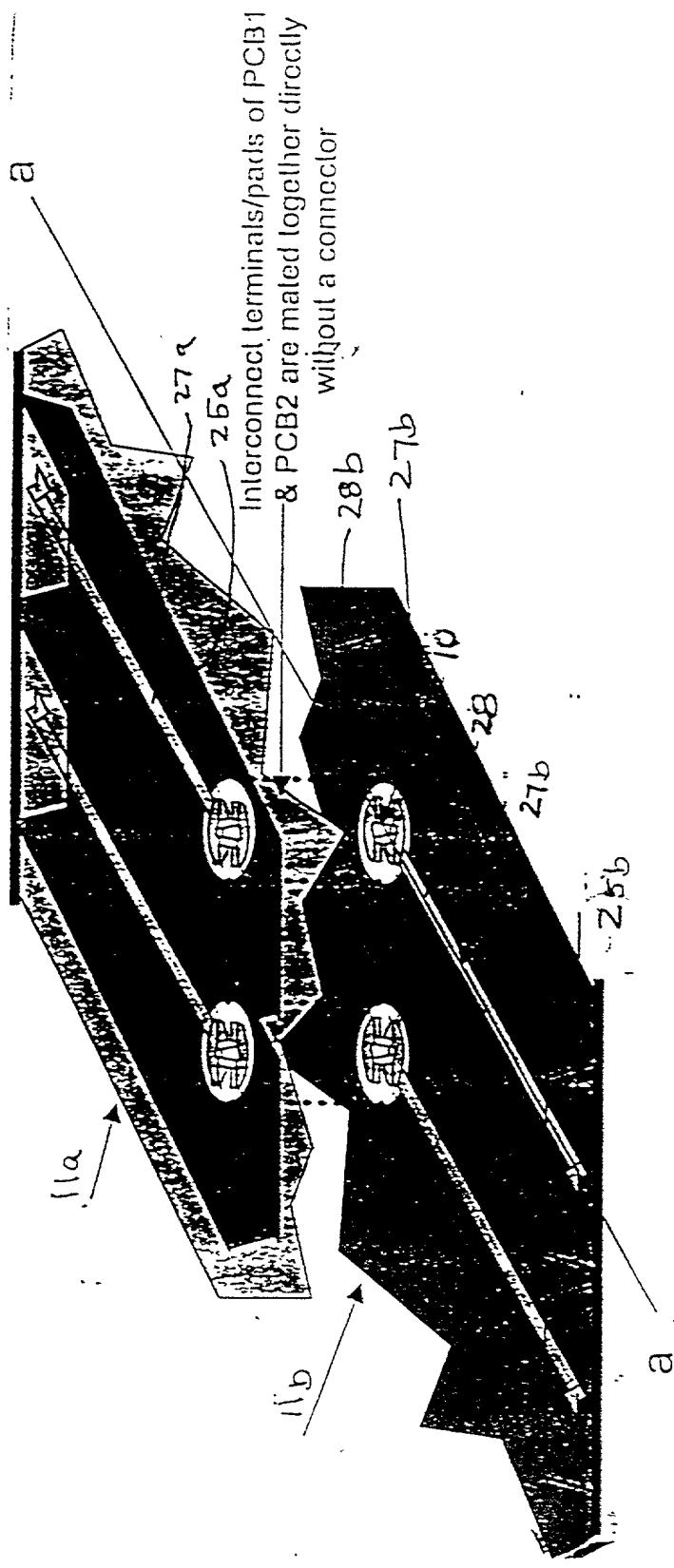


FIG.

2B

(RELATED
ART)



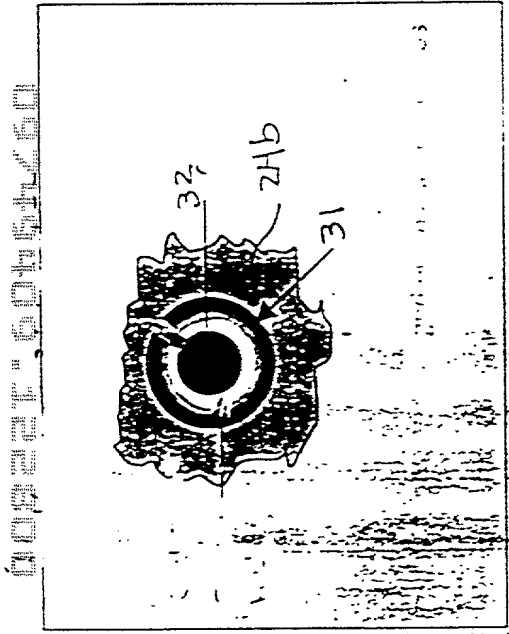


FIG 3B

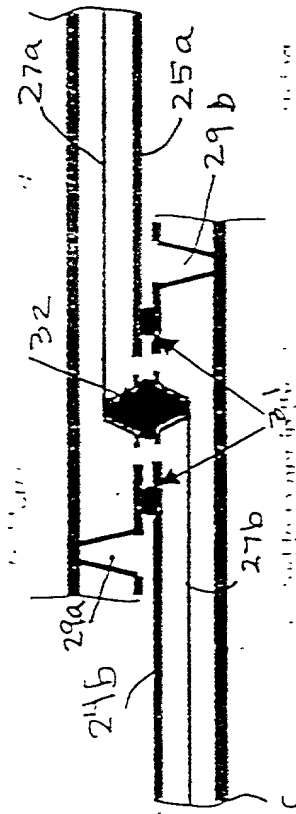


FIG 3C

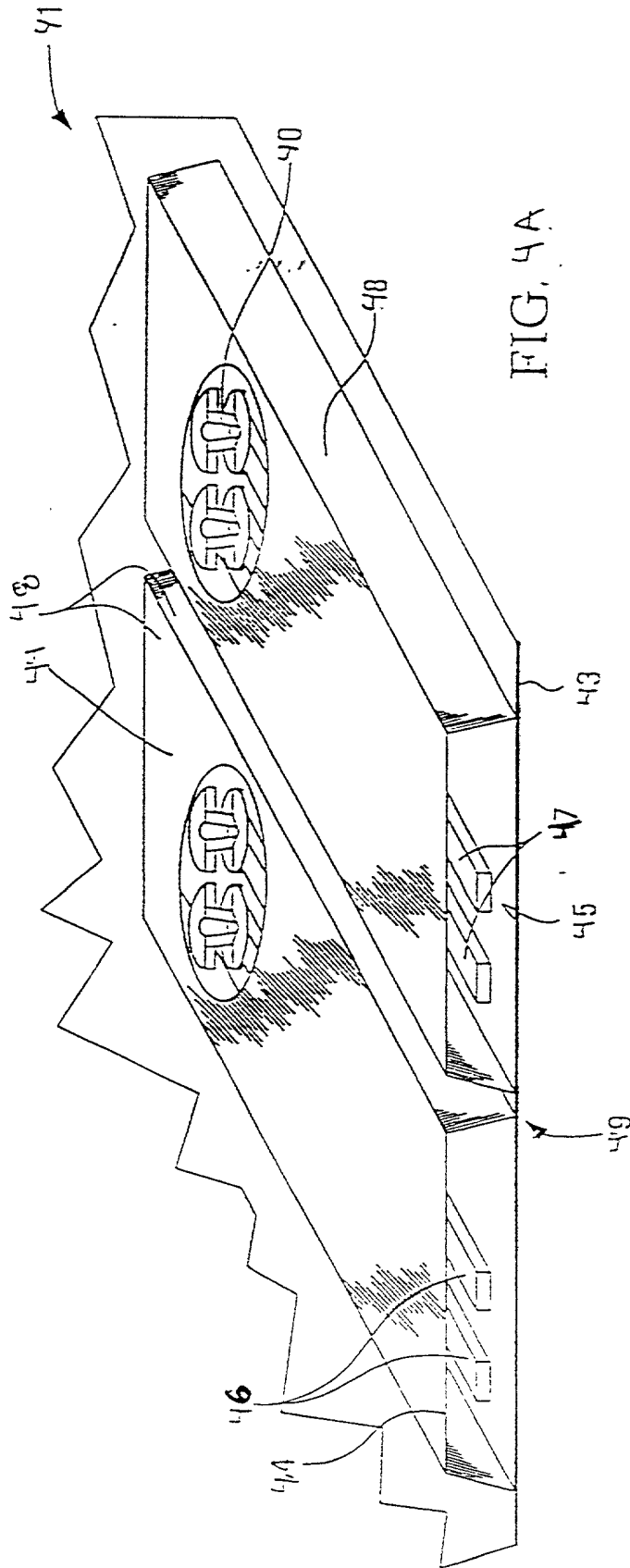


FIG. 4A.

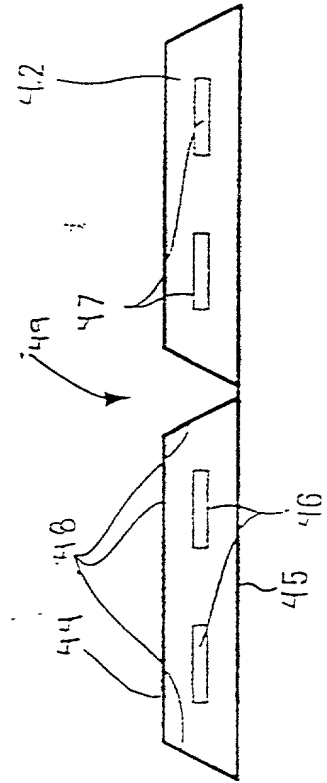


FIG. 4B

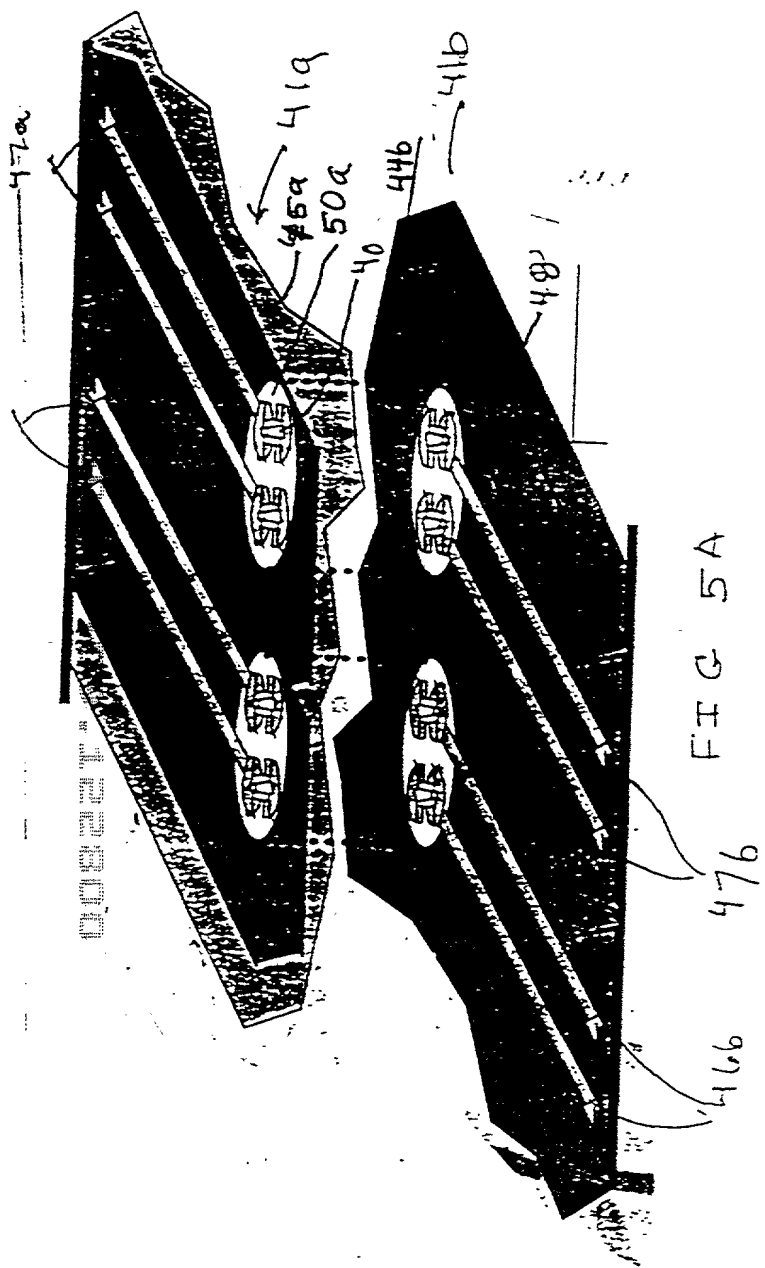


FIG 5A

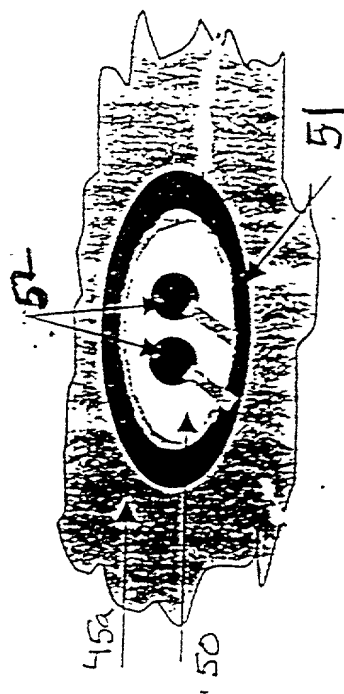


FIG 5B

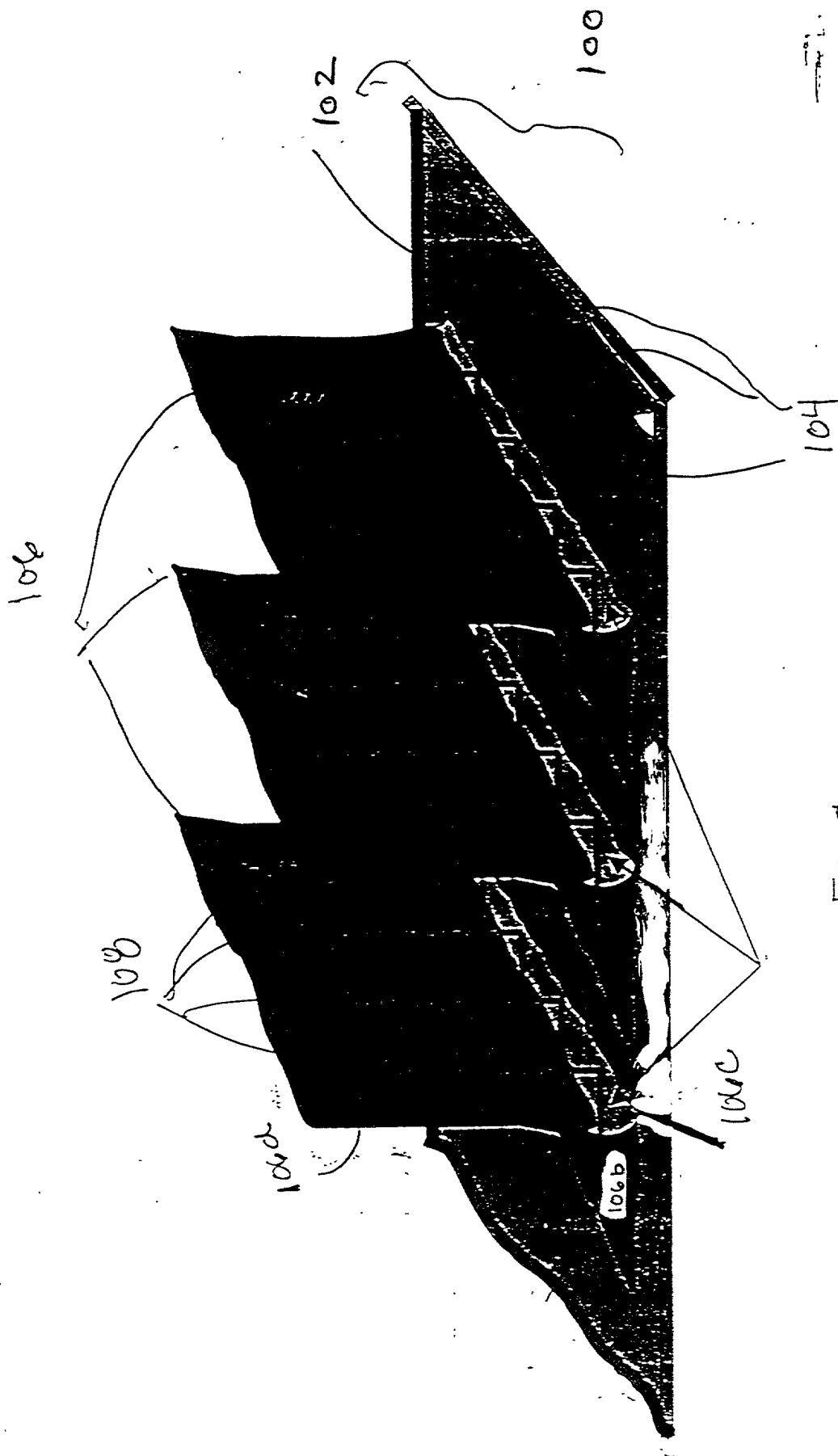


FIG. 6

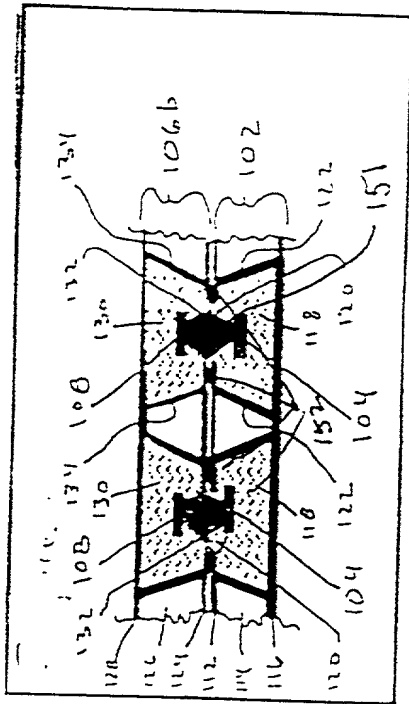


FIG 6A

See fig 5
of #6

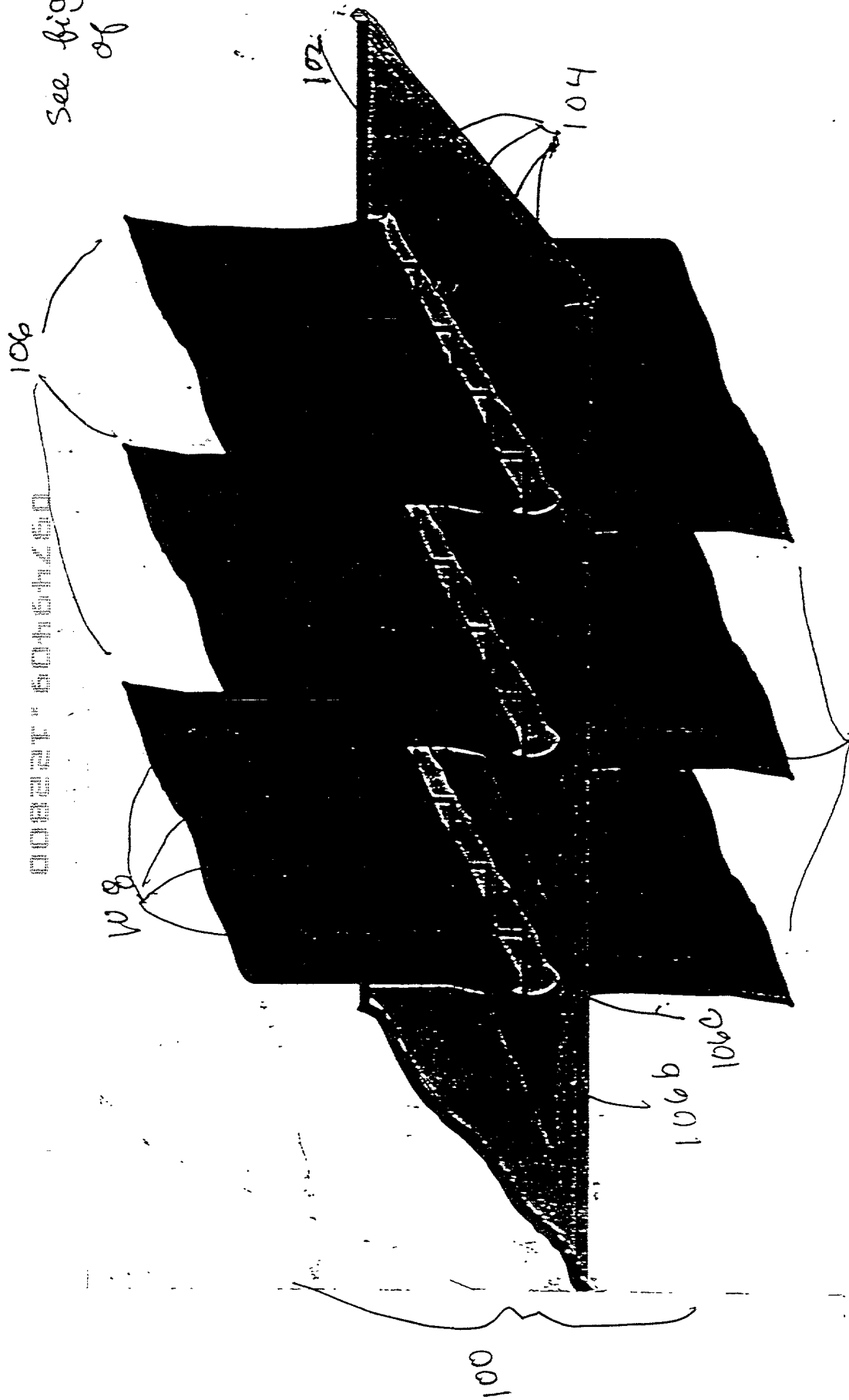
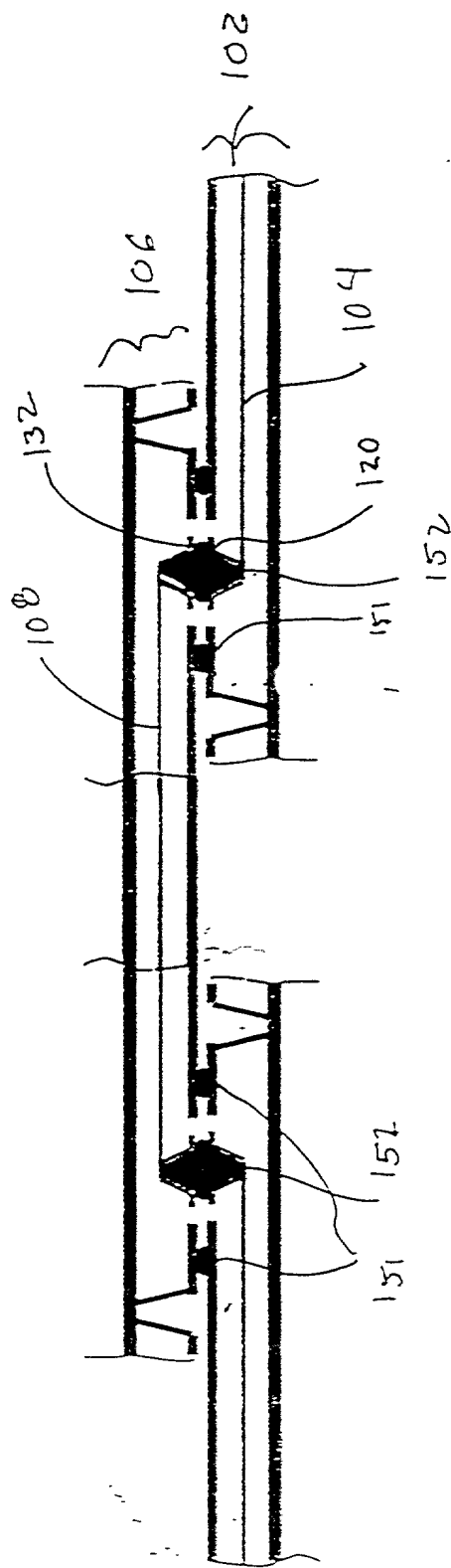


FIG. 7

[illegible]

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